

The Current Australian Landscape of Breakthrough Cancer Pain Management – A Gap Analysis

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INTRODUCTION

RESULTS

REFERENCES


Despite the high prevalence of breakthrough cancer pain (BTcP), guidelines specific to the assessment and management of BTcP are relatively limited. Identifying existing gaps and challenges in BTcP care is essential to advancing high-quality research and improvement strategies to inform the development of relevant guidelines and policies.

AIM

To identify the current gaps and challenges of BTcP diagnosis and management in Australia and generate practical next-step actions to inform potential solutions.

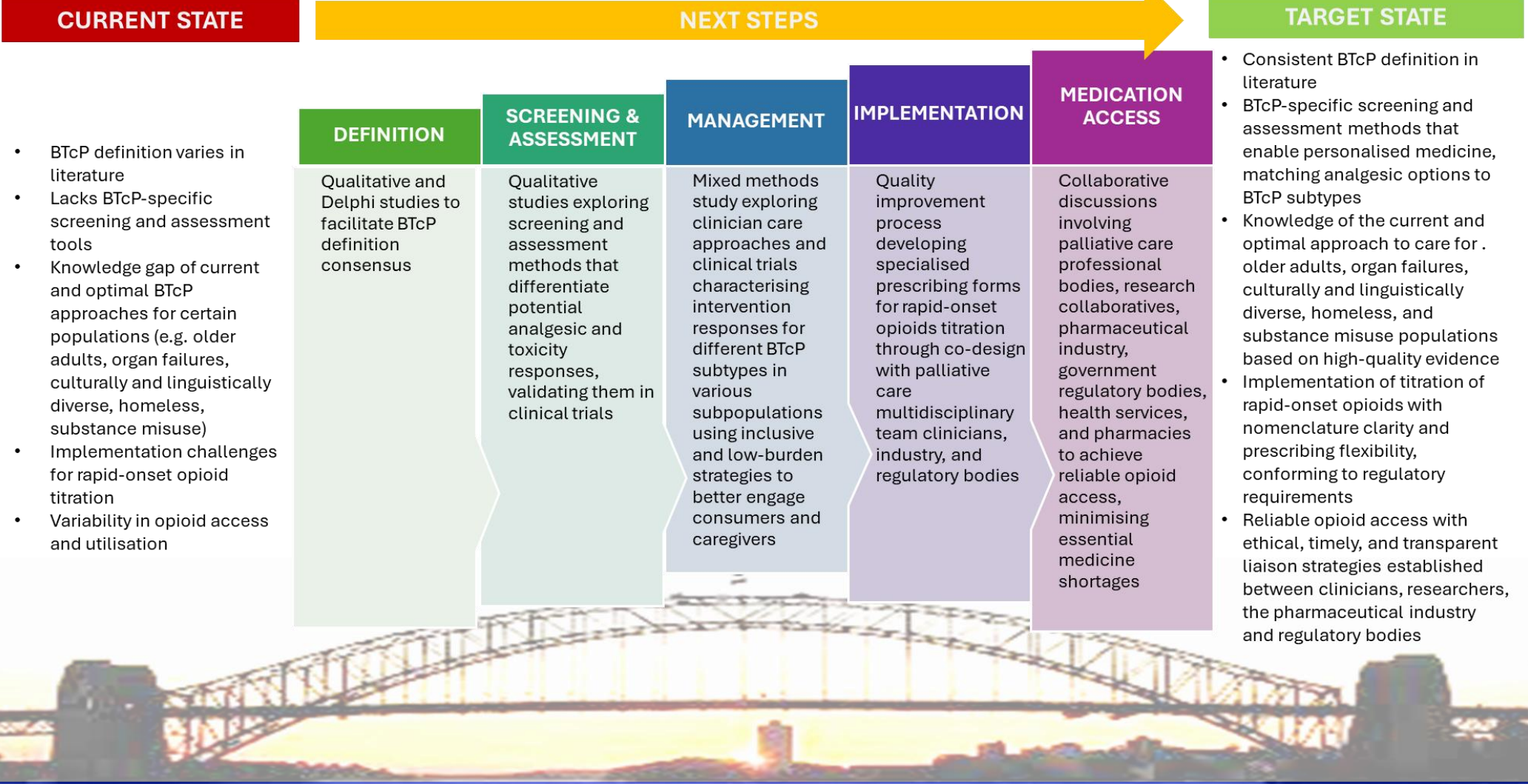
METHODS

Participants: BTcP expert working group

 12 Palliative care BTcP expert clinicians (medical + nursing) and researchers from various Australian geographical and health service settings


Gap analysis:

Three 3-hrly roundtable hybrid meetings (Sep 2023 – Sep 2024) exploring current and ideal states of care, the perceived gaps and next-step actions for improvement (Lauder [2013] approach).




CONCLUSION

INDIVIDUALISED APPROACH

 A personalised & tailored approach in clinical care and research that addresses specific BTcP subtypes and considers individual variability in the context of local health service resources and policies is needed

COLLABORATION WITH KEY STAKEHOLDERS

 Better collaboration between clinicians, researchers, the pharmaceutical industry and government regulatory bodies may facilitate progress in this field.

Lauder, B. (2013). Conducting a gap analysis. In R. F. Levin & H. R. Feldman (Eds.), *Teaching evidence-based practice in nursing* (2nd ed., pp. 75-84). Springer Publishing Company.

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