

EXPERIENCES IN THE RETURN TO WORK OF BREAST CANCER SURVIVORS: A QUALITATIVE STUDY

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BACKGROUND

The aspects that influence the return to work in breast cancer survivors consider:



These factors remain understudied in Latin America (1).
Is there any difference?

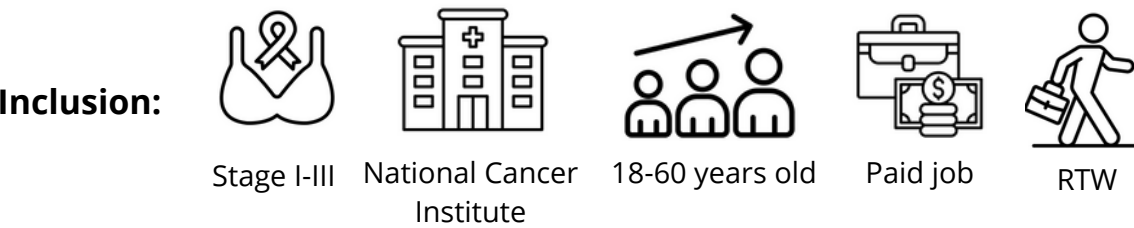


PURPOSE

To explore the experience, barriers and facilitators of returning to work in female breast cancer survivors in **Chile**.

METHODS

Exploratory qualitative study with thematic analysis.



Semi-structured interviews were carried out.



RESULTS

Participants: n=15

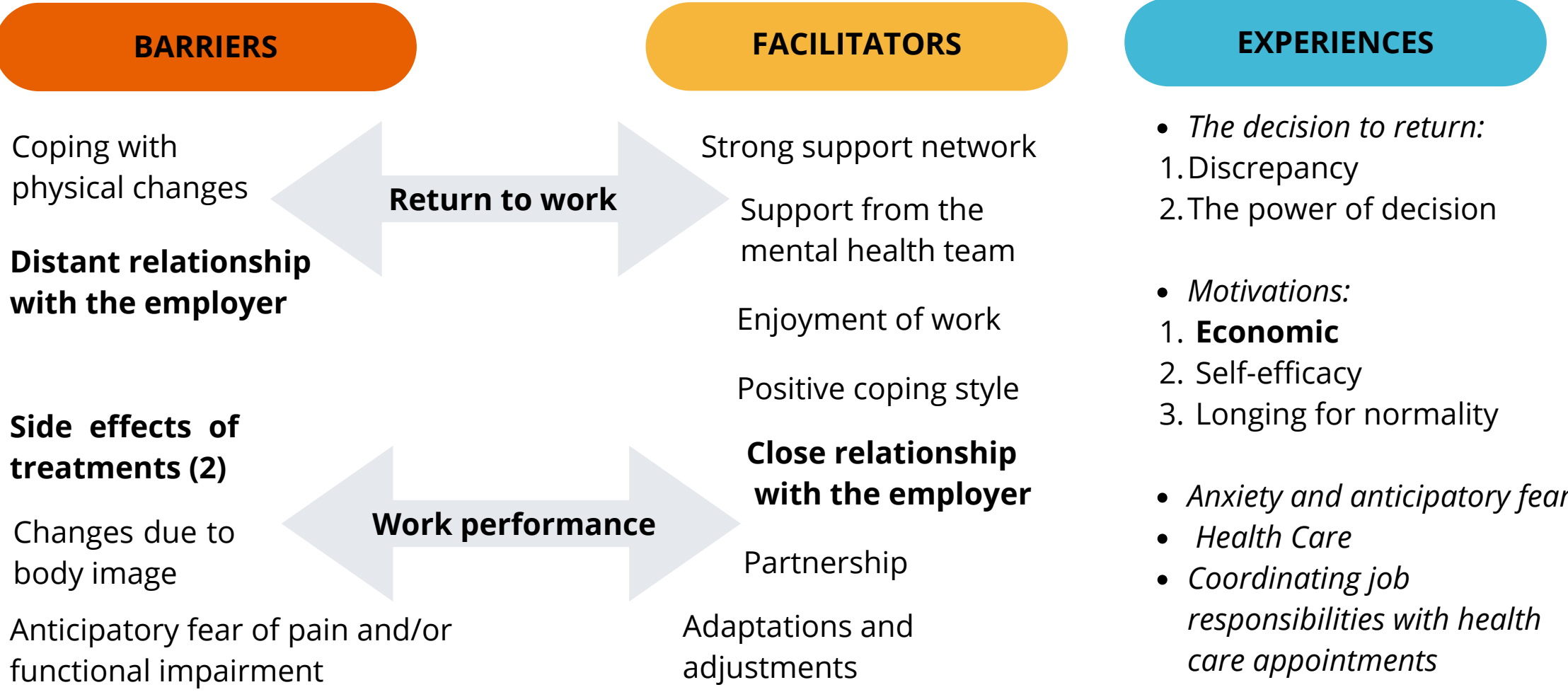
49 years (25 - 59 years)

66.6% stage II, 86.6% CHT, 73.3% HT

Metropolitan Region

73.3% permanent contracts, 53.3% full-time work

DIMENSIONS, CATEGORIES AND SUBCATEGORIES



- The decision to return:*
 - Discrepancy
 - The power of decision
- Motivations:*
 - Economic**
 - Self-efficacy
 - Longing for normality
- Anxiety and anticipatory fears*
- Health Care*
- Coordinating job responsibilities with health care appointments*

CONCLUSION

It is crucial to provide support and monitoring for women before and during their return to work to optimize this transition, ensuring continuous health care.

REFERENCES

1. Wu W, Yackel HD, Salner A, et al. Work-health balance of cancer survivors returning to work: A meta-ethnography. *Eur J Oncol Nurs*. 2024;68:102482
2. Zomkowski K, Cruz de Souza B, Moreira GM, Volkmer C, Da Silva Honório GJ, Moraes Santos G, Flores Sperandio F. Qualitative study of return to work following breast cancer treatment. *Occup Med (Lond)*. 2019 May 25;69(3):189-194.