

Application Watson caring theory to care for terminal lung cancer cases and their families facing end-of-life care

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Purpose : This article describes the nursing experience of caring a patient with terminal lung cancer and his family members in facing the end-of-life during COVID-19 pandemic period.

Methods : From September 15 to September 29, 2022, Watson Care Theory was used to observe, assess, communicate, and interviews, and collect data as a case report.

Conclusions : Application Watson's caring theory as a foundation to the collaborate palliative care therapist guiding patient and his families to express their inner thoughts and prepare for death; engaging in transpersonal teaching and learning within context of caring relationship to help patients and their families facing the progression of the disease, experiencing the death progress peacefully, realizing the value of life, and overcoming the crisis of grief.

Results

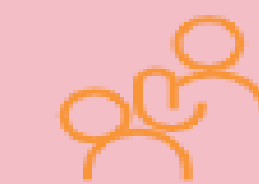
The assessment identified key health challenges faced by the patient, including:

- Inefficient breathing patterns
- Death anxiety
- Anticipated grief among family members



Positive Death Experience

Achieving a peaceful and dignified death



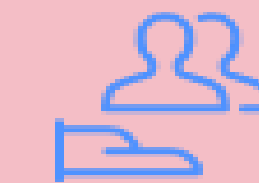
Patient and Family Support

Providing emotional and practical support



Non-Pharmacological Interventions

Using techniques like breathing exercises , adjusting comfortable positions , massage



Collaborative Palliative Care

Team-based approach to care, Ex:Making a keepsake for his child



Watson's Caring Theory

Keywords: Lung cancer, Death Anxiety, Watson caring theory