

Creative Healing: How Does Art Therapy Enhance the Cancer Patient' Experience?

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1 INTRODUCTION

Art therapy in a cancer setting is a form of unique supportive care that addresses many aspects of a patient's needs. This study aims to **assess patients' perspectives** on the **effect of weekly art therapy sessions** at the Oncologic Clinic "16 November," Rabat, Morocco.

2 METHODS AND MATERIALS

- 20 group art therapy sessions:

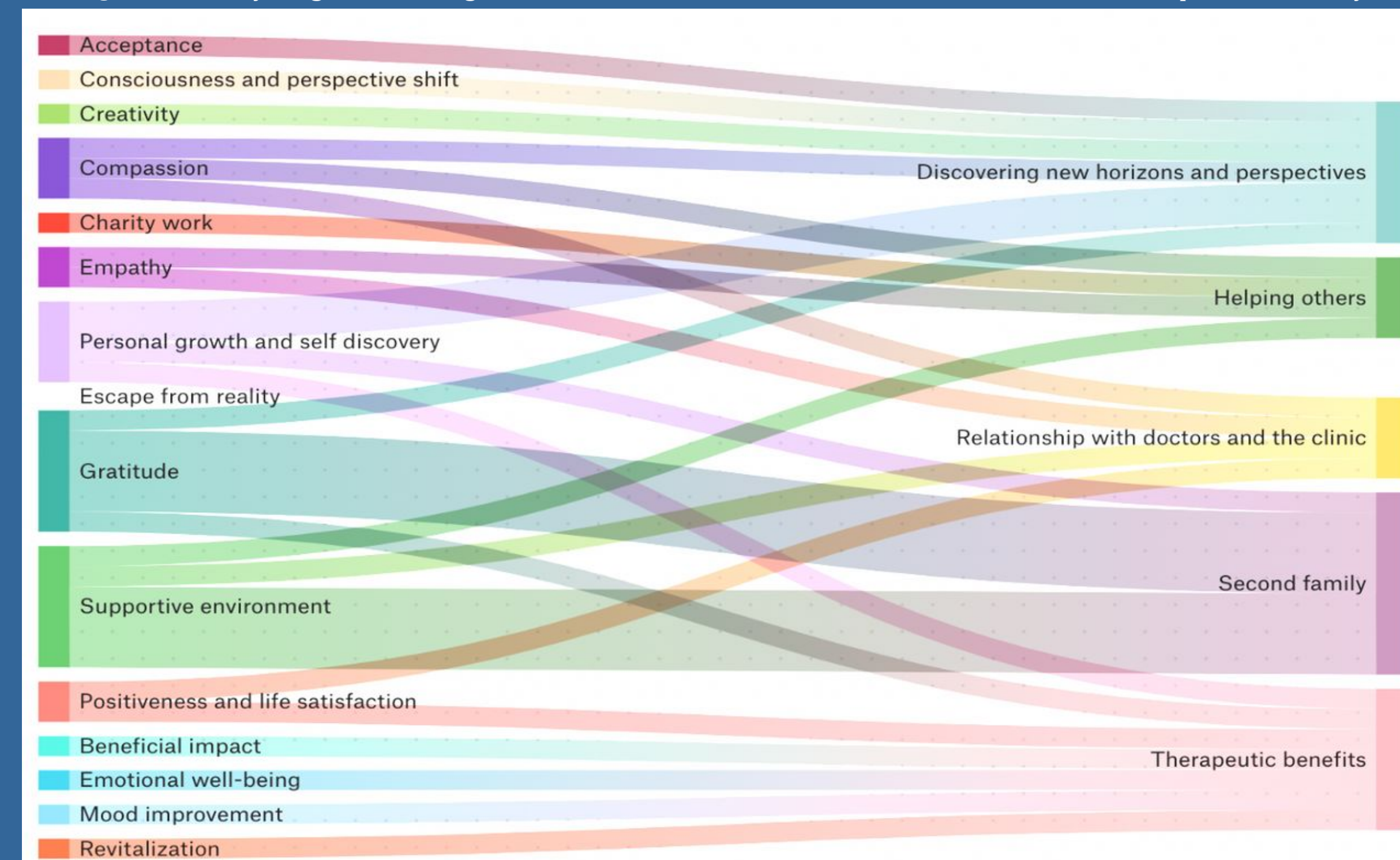
Painting Knitting & Crocheting Choir Singing

T0 27 6 months

- Post-session feedback via oral/written **testimonies**
- Qualitative analysis using **Atlas.ti**
- Thematic focus on emotional well-being & symptom relief

3 RESULTS

Figure 1: Sankey diagram showing different themes with associated result terms found in the qualitative study.



4 CONCLUSION

- Art therapy was seen as a **valuable part of cancer care**
- Supported **emotional wellness & personal growth**
- Fostered **community & connection** among patients
- Encouraged **holistic healing** beyond medical treatment

Implication

- Integrating art therapy can enhance patient support, build social skills, and enrich the cancer care experience



SCAN ME

"These activities are always good; but when you know that the goal of these activities is for a charitable reason, you're more motivated to help

"I am grateful for this cancer that let me discover this; I never painted nor held a brush, and now I appreciate these moments a lot that I share with this 'familia.'"

Discovering New Horizons and Personal Growth

Helping others

Therapeutic benefits

Second family

Relationships with Doctors and the Clinic

"I was useless at home with the TV on and the remote control. I realized that I know how to knit, and I have discovered a new hobby now."

It's body relaxation and also hand relaxation, in a calm environment with no stress... We leave what we suffer from, at least psychologically, behind us and forget the illness... Art therapy is the door to another world; we spend a beautiful moment and get energized

"I come here as I enter my home."