

# INTERDISCIPLINARY DAY HOSPITAL FOR SUPPORTIVE CARE: IMPLEMENTING SYNERGIES THANKS TO THE SUPPORTIVE CARE PHYSICIAN AND CLINICAL PHARMACIST DUO TO OPTIMIZE PATIENTS' TREATMENT

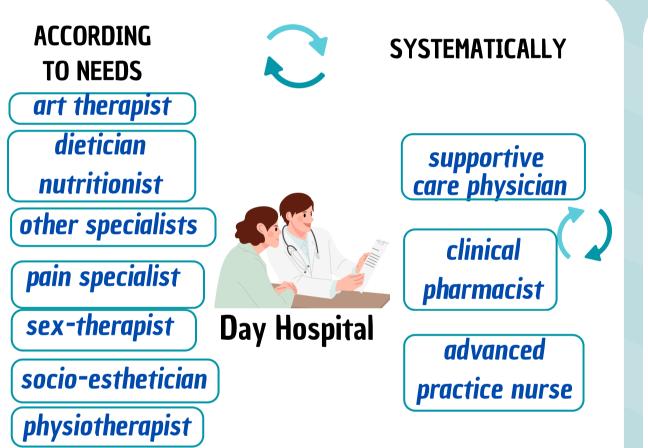
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INTRODUCTION: Our oncology unit has established an Interdisciplinary Day Hospital for supportive care in cancer, starting in November 2022. This Day Hospital provides patients and their caregivers with the expertise of three main supportive care specialists: a supportive care physician, an advanced practice nurse, and a clinical pharmacist. Depending on identified needs, other specialists can also be involved.

### **METHODS:**

Each caregiver meets the patient and shares his expertise with the supportive care physician.



The clinical pharmacist explains a personalized pharmaceutical plan as a collaborative project for individualized therapeutic monitoring. This involves the patient and healthcare professionals and aims to define, implement, and evaluate actions targeting effectiveness, tolerance, and medication adherence throughout the entire care pathway.



The supportive care physician and clinical pharmacist collaborate to create a joint action plan and explain the treatment options to the patient as part of a shared medical decision. We are presenting the results of our one year of activities.

135 patients

175 Day Hospitals

age: 64

range [33-83]

#### **RESULTS:**

## **Drug problems identified:**

- Personal treatment: 16%
- Chemotherapy: 19% with 3% about severe drug interactions
- Supportive care treatments: 87%
- Medication change required: 100%
- Other specialists' advice requested: 32%
- Patients hospitalized: 14%

## **Therapeutic propositions:**

- Optimization of pain treatment: 40%
- Anxiety treatment: 18%
- Thromboembolic treatment:12%
- Vaccination awareness with education: 100%
- Coordination with the home care teams: 100%
- Treatment plan: 100%

**CONCLUSION**: For one year, professional collaboration has become much more efficient and relevant in complex situations.

The supportive care physician-clinical pharmacist duo appears optimal for improving patient care.