

QUALITY OF LIFE INSTRUMENTS FOR PATIENTS WITH RADIODERMATITIS: A SCOPING REVIEW

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INTRODUCTION

Using the term Quality of Life (QoL) and instruments to measure it promotes patient individualization, care planning, and monitoring of symptoms and side effects. Radiodermatitis often impacts QoL, so measuring it can help multidisciplinary care address the physical, emotional, cognitive, and social challenges it causes.

METHODS

We conducted a scoping review following PRISMA-ScR's recommendations to report scoping reviews.













P Adult patients with cancer undergoing radiotherapy

C Quality of life instruments for skin toxicities

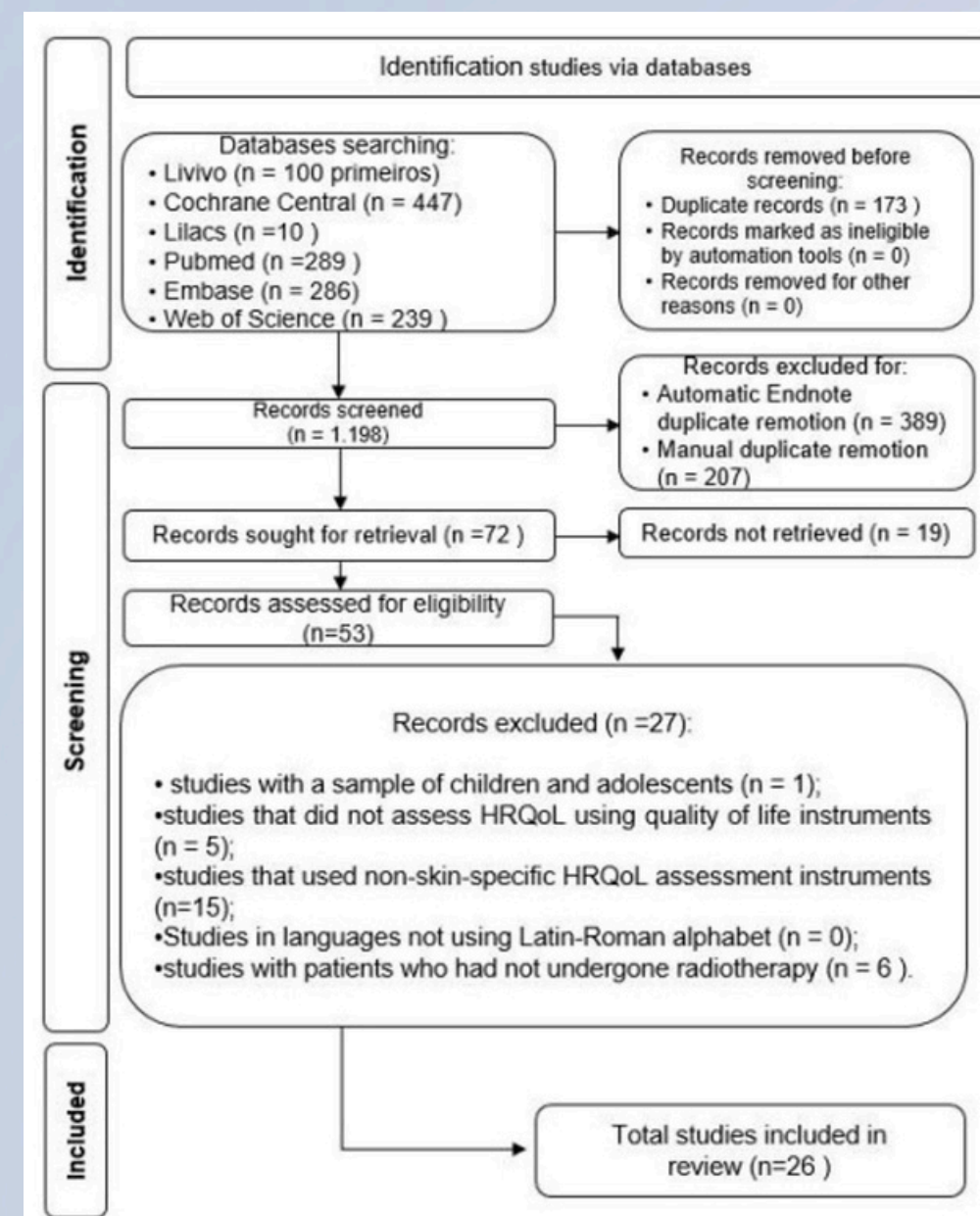
C Radiodermatitis assessment

RESULTS

We included 26 studies that used quality-of-life instruments to assess patients who developed radiodermatitis due to radiotherapy.

Four types of instruments were identified: Skindex-16 (n=15), Dermatology Life Quality Index (DLQI)(n=10), Padua Skin related Questionnaire (n=1), and Skindex-29 (n=1). The assessment was done for breast (n=20), head and neck (n=6), lung (n=2), and anal cancer patients (n=1).

RESULTS



CONCLUSIONS

Skindex-16 and DLQI emerge as the most suitable QoL instruments to assess patients undergoing radiotherapy who develop radiodermatitis.

REFERENCES

