

# NURSING EXPERIENCE OF TERMINAL BREAST CANCER PATIENT RECEIVED HOSPICE CARE IN INTENSIVE CARE UNIT

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## Introduction

Patients with terminal breast cancer and their families have complex needs that must be met to minimize severe distress and deterioration in quality of life for patients and their families.

## Methods

Used Gordon's 11 functional health patterns as the assessment framework and collected data through observation, listening, interview, physical assessment, and medical records to assess patient's physical, psychological, social and spiritual needs from November 12 to December 8 in 2021.

## Results

Three health issues identified included pain, ineffectiveness breathing pattern, and readiness for enhanced spiritual well-being. We provide the patient with a therapeutic relationship using listening, companionship, and caring methods, provide individual nursing measures, alleviate the physical discomfort at the end of the disease, provide a case support system and care, face the grieving process positively, and encourage the case. Express emotions and inner feelings to family members to ease the grief of the patient facing death.

## Conclusions

The author used life review to guide the case with self-worth. Through the blessings and company of her family and the cooperative discussion of the medical team, she helped her die peacefully and not alone, and decided to go home to receive hospice care. The author hopes to use this case to share the way her hospital provides care for terminally ill patients, hoping to be helpful to other medical staff.