



Hospice care for patients with end-stage liver disease

Luan-Hsuan Lee

Nurse, Far Eastern Memorial Hospital

Purpose

This article explores the end-of-life care experience of a 73-year-old woman with terminal liver cancer.

Method

From September 16 to October 2, 2021, data were collected through observation, physical assessment and interviews, and the Gordon Eleven Health Function Model assessment was used to find that the nursing problems of the case include: 1. Anxiety, 2. Anticipatory grief, 3. Nutrition is less than what the body needs.



Result

During the nursing process, through care, empathy, encouragement and expression of inner feelings, patient listening and other skills, in addition to nursing measures to alleviate physical pain, we also care about the psychological problems of patients and their families, in order to achieve the goal of a good death for the patient and a good life for the family.

Conclusion

Through this care experience, I feel that medical staff often focus on the problems and physical needs caused by the disease, but ignore the psychological care of the patients and their families. Therefore, they cannot fully implement it. It is recommended that they should focus on communication skills and psychological support methods. By participating in spiritual courses, you can improve your psychological and spiritual care experience and abilities, provide holistic care, and achieve peace of mind in both life and death.