



CHRONIC HEADACHE - CLINICAL EVALUATION OF THE CHRONIC INFLAMMATORY STATE WITH ACUTE INFLAMMATION

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<u>Background</u>: 'The Continuum of a Unified Theory of Diseases' states that the pathological events in a person's life are a continuous phenomena and that suppressing acute inflammation with drugs may lead to a state of sub acute inflammation eventually triggering the chronic disease that one is predisposed to genetically. It also states that with right therapy the phenomenon reverses and as the chronic inflammatory state improves, the acute inflammatory states/older suppressed diseases reappear.

RESULTS: Outcome was assessed for 95 cases. 8 cases were cured and all of them had <u>Aim:</u> 1. To assess if there is a change in the acute inflammatory pattern after development of headache compared to before.

2. To assess if the outcome of treatment (individualised homeopathy) is related to development of acute/older conditions.

Methods: 433 Headache patients' history was examined for past diseases, co morbidities and high fever (39 to 40oC). The outcome of treatment was compared with development of acute/old complaint. Only primary headaches (migraine and psychogenic) were included; total 412 (344 migraine and 68 psychogenic headaches)

developed acute/old complaint. 56 cases overall responded very well, 15 of whom had developed acute/old complaint.

Results



Conclusions:

There seems to be a relation between acute and chronic inflammatory states. A chronically inflamed state seems to presuppose inability to raise efficient acute inflammation and the reverse seems to occur with therapy.

References: Vithoulkas, G. Carlino, S "The continuum of an unified theory of diseases". Med Sci Monit, 2010; 16(2):SR7-15. Vithoulkas G. "Levels of health". Alonissos, Greece: International Academy of Classical Homeopathy; 2017