

# Performance of a non-invasive glucose monitoring device: accuracy and precision

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### Background

Self-monitoring of glucose has an integral role in diabetes management. However, patient compliance to glucose self-monitoring is limited. Non-invasive glucose monitoring aim to overcome the barriers of current glucose monitoring methods by offering a simple, painless and convenient mean to measure glucose levels.

# Objective

To evaluate the accuracy and precision of GlucoTrack<sup>®</sup>, a non-invasive glucose monitoring device



GlucoTrack is a Conformité Européene (CE) certified noninvasive glucose monitoring device for people with type 2 diabetes or prediabetes. The device tracks physiological changes which are correlated with glucose excursions by measuring acoustic impedance, electromagnetic impedance and heat capacity of the earlobe tissue.

## Methods

#### **Device accuracy**

- 37 people with type 2 diabetes
- Consensus error grid analysis for type 2 diabetes
- Median absolute relative difference (ARD)

#### First day: Calibration

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#### Sensor to sensor precision

- 20 people with type 2 diabetes
- ~19 simultaneous measurements using two GlucoTrack devices on each earlobe

Precision absolute difference (PARD):

$$PARD = \frac{|g|ucose_{G|ucoTrack1} - g|ucose_{G|ucoTrack2}|}{mean(g|ucose_{G|ucoTrack1}, g|ucose_{G|ucoTrack2})} \cdot 100[\%]$$

# Methods (cont.)

#### **Test-retest precision**

- 20 people with type 2 diabetes
- 86 sequences of ~6 measurements performed with 10-minutes intervals under stable glycemic conditions (~3 hours postprandial)



• coefficient of variation (CV):

$$CV = \frac{\sigma}{\mu} * 100\%$$

# Results

- **99.6%** of 257 measurements were in zones A and B of the Consensus error grid, with **90.3%** of the measurements in zone A
- Mean and median ARD were **17.2%** and **12.9%**, respectively.
- In various glucose levels, mean PARD ranged from **7.7%-8.7%**



• Mean CV was 7.83±1.03%

### Conclusions

- GlucoTrack is highly accurate
- Sensor-to-sensor precision is comparable to that of CGMs

Device	GlucoTrack <sup>®</sup>	Dexcom G4™	FreeStyle Navigator™
Overall mean PARD	8.1%	7.3%	9.6%

• GlucoTrack measurements are reliable under stable conditions



