

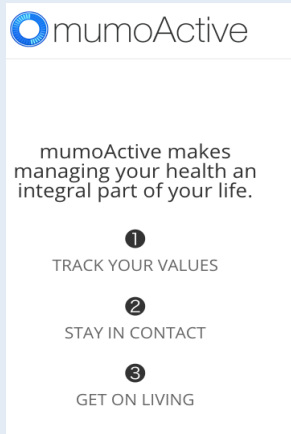
BETTER LIFESTYLE TOOLS FOR BETTER HEALTH

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MUMOACTIVE

Introduction

To develop an app that enables an individual to track their diabetes and to use it as a 2 way communication portal with their health care professional.



Results

The Needs Identified by both healthcare professionals and individuals with diabetes

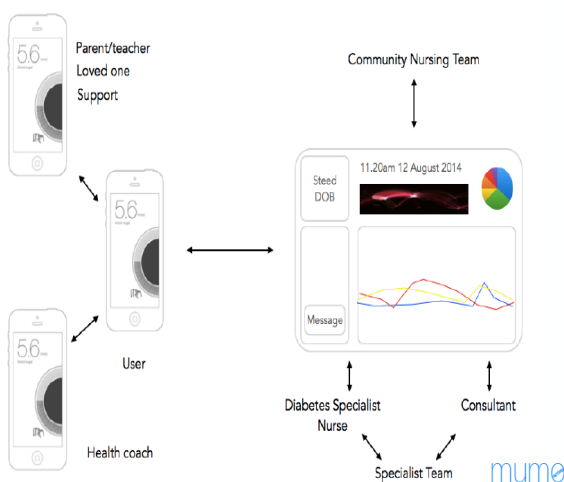
- Easy and direct access to patient data
- Direct communication AS NECESSARY between healthcare professional and individual with diabetes to support self-management
- development of a tool that enables empowerment, independence and self-management
- a simple tool for entering values
- being able to write notes

Methods

Qualitative research to understand the current need for a digital app to support an individual with diabetes and to then take this information to develop a user friendly app to that enables individuals with diabetes to track their diabetes and to enable them to use the same app as a 2 way communication portal



MUMOACTIVE ENVIRONMENT



Conclusions

Mumoactive is an app that has been designed based on the needs of both the healthcare professionals who work within in the NHS and individuals with Diabetes. It enables the individual to track their values, add notes and messages, syncs across devices, is fast secure and simple. This tool has the ability to support self management and enables health care teams to promote, encourage and support self management.

Feedback

"So this is truly a life saver!"

"Thank you, thank you! This app deserves awards!"

"Fast easy and convenient"

"Why hasn't anyone done this before?"