



## BACKGROUND

- Costa Rica is a small Country located in Central America. The National Health Care System covers about 95% of the population, and breast cancer is the leading cause of death among women. Until now is unknown how women in our Country conceive metastatic breast cancer (MBC)
- We decided to conduct a study to evaluate the knowledge about MBC in women within the Grant Metropolitan Area (GMA). And also using the data collected to create a website-based educational program utilizing social media to deliver better information to women about MBC.

## RESULTS

The mean age was 32 years, 48% had completed high school, and 15% university. 52% knew the meaning of breast cancer metastasis. 26% had satisfactory information about MBC. 47% expressed the need of emotional support. A Facebook® page and also a website were **launched**



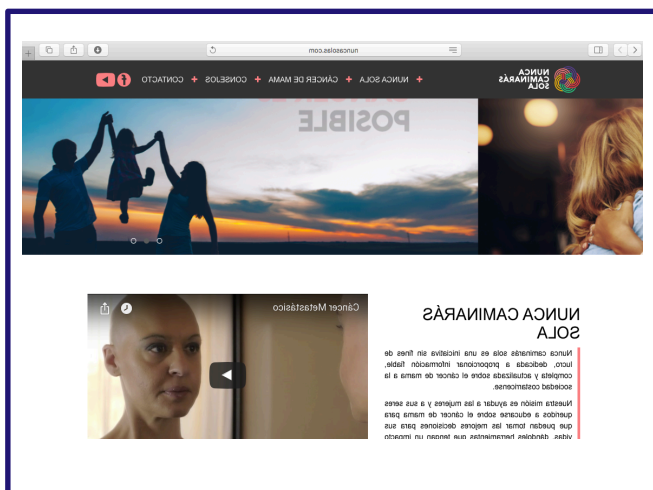
## METHODS

ACOMED (Costa Rican Medical Oncology Society) decided to conduct a face-to-face survey to 300 women randomly at the GMA, from April 7<sup>th</sup> to June 11<sup>th</sup> 2016. Descriptive statistics were used. A website was created (nuncasolas.com) to deliver information to our population



## CONCLUSIONS

We found a need of information about MBC at GMA, most of the women considered emotional support essential. Based on these findings we created a website called “You will never walk alone” (NUNCA CAMINARAS SOLA). The website nuncasolas.com is dedicated to educate our population about MBC and share opinions with patients and general population about this disease and how to cope with.



## REFERENCES

[www.nuncasolas.com](http://www.nuncasolas.com), <https://www.facebook.com/nuncacaminasola>