# **Retrospective evaluation of the transdermal application of Capsaicin** (Qutenza<sup>®</sup>) in different diagnosis of neuropathic pain

#### F.G.A.M. van Haren MD FIPP, S. Pouwels RN, P Cornelissen RN

Radboudumc Expert Centre for Pain and Palliative Medicine, Nijmegen, The Netherlands

## Introduction

Capsaicin is a natural alkaloid, acting on TRPA-1 and TRPV-1 receptors. The 8% transdermal patch contains 640mcg/cm<sup>2</sup> of capsaicin, and is used to treat neuropathic pain in adults.

### Methods

Retrospective evaluation of treatment effects for all patients treated with capsaicin 8% patch (Qutenza<sup>®</sup>) for neuropathic pain due to scarring, post herpatic neuralgia (PHN), polyneuropathy (PNP) and peripheral nerve damage (PND) in our hospital. Data presented as average (SD).

Results	• * <sup>1:</sup> N from from
<ul> <li>General:</li> <li>269 treatments in 159 subjects.</li> </ul>	14,0
<ul> <li>Pain scores (NRS) were 6.63 (1.54) before and 4.73 (2.40) 2 weeks after treatment (difference -1.90 (2.46)).</li> </ul>	12,0 10,0
<ul> <li>NRS-differences before versus 2 weeks after treatment for</li> <li>PNP (n = 34) -3.05 (2.63),</li> <li>PND (n = 59) -2.57 (2.76),</li> <li>scarring (n = 110) -1.41 (2.36),</li> <li>PHN (n = 52) -1.38 (1.90)</li> </ul>	6,0 4,0 2,0 0,0
<ul> <li>NRS-differences before versus 2 weeks after treatment for</li> <li>First treatments (n = 159) -0.97 (2.16),</li> <li>Further treatments (n = 110) -3.17 (2.29)</li> </ul>	-2,0 -4,0 -6,0 -8,0

IRS-scores before, during (difference) baseline) and 2 weeks after (difference baseline) application of Qutenza<sup>®</sup>.



#### Conclusion

<sup>1</sup> Derry et al, Cochrane Database Syst Rev, 2013

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NRS scores did not differ significantly before versus 2 weeks after treatment for all patients and 4 subgroups. The difference in effect between first and further treatments, and reports of the presence for allodynia predicting better outcome, makes it interesting to investigate if selection criteria can be identified.<sup>1</sup> Therefore, we will evaluate further available data and prospective studies should be undertaken.

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